

'Improve your score' camp

Tuesday 6th February

Time	National 4/5 National 6+
9-10am	Skating skills/StSq/ChSq
10-11am	Jumps - GoE
11.15-12.15pm	Off ice – Kelly (Dance/performance)
12.15-1.10pm	Lunch break*
1.10-2.10pm	Jumps/Spins - GoE
2.10-3.10pm	Judges score presentation (EIS)
3.10pm	Finish

Wednesday 7th February

Time	Beginner – National 3 Adults	
9-10am	Skating skills/StSq/ChSq	
10-11am	Jumps - GoE	
11.15-12.15pm	Off ice – Kelly (Dance/performance)	
12.15-1.10pm	Lunch break*	
1.10-2.10pm	Judges talk (glacier suite 1.10-2pm)	Spins - GoE
2.10-3.10pm	Spins - GoE	Judges talk (glacier suite 2.20-3.10pm)
3.10pm	Finish	

*Lunch is not provided please bring your own, along with water and snacks for throughout the day.